



# SPACE Framework Options

Below are the items from the Challenge Success "SPACE" Framework. We'd like to get an idea of where the staff falls on particular items and see where we might begin to address some of the stress and anxiety kids feel here at Beckman.

## Students' Schedule and Use of Time

## Identify your feelings on the following items:

	Let's Try It!	I'll Go With the Flow	Not a Fan
Revise School Bell Schedules	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Revise HW policies to ensure purpose and volume of HW is appropriate	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Schedule Quarterly "No Homework" nights	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Create test and project calendars to reduce overlapping major assignments	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Provide Tutorials or free periods to give students more time to interact with faculty and more time for academic support	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Move finals and/or cumulative projects to before winter break	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Modify final exam schedule to create longer breaks between exams and earlier dismissal after exams	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Schedule "dead week" each quarter where no testing is allowed	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Eliminate summer and vacation assignments	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Implement a "student-for-a-day" program where teachers follow a student's schedule for an entire school day to get a sense of the cumulative effect of the daily schedule.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

## Identify your feelings on the following items:

	Let's Try It!	I'll Go With the Flow	Not a Fan
Diversify your teaching strategies to include rigorous project/problem-based learning as part of each unit.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Modify curriculum and school assignments to make them more relevant to students' lives.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Develop "plagiarism-proof" assignments that allow for more student choice and personalization.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Add a service learning component to an existing unit to increase student engagement and understanding of the topic.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Assign a final project in lieu of a final exam.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

## Alternative & Authentic Assessment

# Identify your feelings on the following items:

	Let's Try It!	I'll Go With the Flow	Not a Fan
Use multiple forms of assessments in each unit that are aligned with the learning goals.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Consider eliminating mid-terms and/or final exams.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Revise late work and "zero" policies.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Allow students to do test corrections to show they understand their mistakes.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Modify the grading system, such as using narrative assessments, creating unweighted GPA's, or eliminating student rankings.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Refrain from grading the first assignment(s) each semester; write comments, mark incorrect answers, and allow for revisions, so that students focus on the learning instead of just the grade.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

## Climate of Care

## Identify your feelings on the following items:

Let's Try It!

I'll Go With the Flow

Not a Fan

Implement an advisory system to focus on social and emotional learning and to help students find faculty advocates.

Support a broader definition of success by revising award assemblies and valedictorian choices, and by not publishing college acceptance lists.

Encourage more positive student/faculty relationships so faculty members are more approachable and accessible.

Develop time management, stress reduction, and relaxation techniques.

Conduct exit surveys with graduates to glean information about aspects of school that worked well and ways to improve.

Create Honor Codes, "Declaration of Integrity," and revised cheating policies. Consider student-led judicial councils to handle academic integrity infractions.

## Educate Parents, Students, and Faculty

## Identify your feelings on the following items:

Let's Try It!

I'll Go With the Flow

Not a Fan

Develop parent education programs and host student assemblies to highlight the latest research on student well-being and address the pressures students face.

Host "dialogue nights" in which students share their day-to-day demands with parents and/or faculty.

Have students write anonymous letters to their parents explaining how adults can best support them academically and emotionally. Read these aloud at PTA meetings or parent nights.

Sponsor professional development workshops for faculty on student stress and coping strategies.

Hold education nights for parents of students in Advanced Placement and Honors courses to share information about the expectations and homework load.

Create planning tools for students as they determine their academic and extracurricular schedule for the coming year. Focus on the amount of out-of-school time each class and activity will take, and be sure to make time for adequate sleep.

Educate students on finding the right "fit" college or post-secondary path. De-bunk the myth that there is only one path to success.

Hold "Sleep Week" to educate students about

the importance of sleep

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